

WHEN TO KEEP YOUR CHILD HOME FROM SCHOOL

- If a child is unable to participate fully in all school activities because of illness
- When a child has a contagious condition or a rash with an unknown cause
- Must be fever-free for at least the last 24 hours, without the use of fever reducing medication. A fever is 100 degrees or more when taken by mouth.
- Keep child home if they have had vomiting or diarrhea within the past 24 hours; and/or when your child is unable to eat normally because they do not feel well.
- A diagnosis of strep throat unless your child has received antibiotic treatment for at least 24 hours.
- If a child requires medication for fever or has pain **not** relieved with over-the counter medication (Advil ^(c), Tylenol ^(®))

PLEASE CONTACT THE SCHOOL NURSE WHEN:

- A child's health status changes
- There has been recent serious illness, injury, surgery or hospitalization
- A child is diagnosed with a contagious condition such as strep throat, chicken pox, whooping cough
- When your child has head lice
- A child is absent for an extended period of time (three days or more)
- A child cannot participate fully in Physical Education
- There are family changes which may affect a child in school
- Your child's behavior has changed, or they seem anxious, depressed, or are frequently missing school

SCHOOL HEALTH SERVICES NURSING STAFF

Health Services Coordinator

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Quinn Middle School Nurses

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Farley Elementary School Nurse

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School Physician

Dr. Lucy Kanjer-Larson



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Hudson Public Schools Health Services Department

Partners in Children's Education

Promoting Wellness
Supporting Student
Success



STUDENT HEALTH INFORMATION

At the beginning of each school year, an updated confidential health information form should be returned to the school nurse. In the event of an emergency, this information is used to ensure proper care for your child. This form includes important contact information so that the school nurse can reach parents/guardians during the day, if needed. This form also provides parent permission for the school nurse to administer certain medications under our standing orders. These medications cannot be administered unless this form is completed and the medications are checked off. *Please notify us of any changes in your child's health or in your contact information as it occurs during the year.*

Immunizations

According to state regulations, students must have received required vaccinations in order to enroll and remain in school, Parents/guardians must provide a certificate of immunization record to verify the student has received the required immunizations, or for certain diseases, laboratory evidence of immunity. Please speak with your school nurse for more information regarding immunizations, or visit <http://www.mass.gov/eohhs/docs/dph/regs/105cmr220.pdf>

Cumulative Health Record

A confidential health record which includes up to date medical history, immunizations, physical examination reports, and screening results is kept by the school nurse for each student throughout his/her school career. Health records of transferring students will be sent to the attention of the school nurse of the new school.

Physical Examinations

Copies of physical exams, completed by the family health care providers, are required for new transfer students, before entry into pre-k and kindergarten, and in grades 4, 6 and 10. The school nurses can assist families in locating health care providers and/or state health insurance for these examinations and other health and dental needs.

SCHOOL NURSING SERVICES

Children learn best when they feel safe, are attentive, energetic, happy and well. School nurses serve to ensure that students are able to learn by helping to identify, prevent and resolve health related factors which interfere with learning.

Each Hudson School has at least one full time registered nurse who is also licensed through the Massachusetts Department of Elementary and Secondary Education. The Director of Nursing and the School Physician are available for consultation.

Hudson School Nurses provide the following confidential services during the school day:

- Illness assessment, care and referral
- Injury prevention, care and referral
- Medication administration and monitoring
- Mandatory Health screenings, follow-up and referral in the following grades and upon request:

Vision (PreK-5, 7, 9)
Hearing (K-3, 7, 9)
Postural (5-9)
Height, weight, BMI (1, 4, 7, 10)
SBIRT (grades 7 & 8 or 9)

- Health education, counseling and promotion
- Communicable illness prevention and control
- Environmental health and safety
- Care for children with special health needs
- Special Education consultation
- Access to information on health care and insurance
- Confidential management of student health records, including immunizations and exams
- Emergency preparedness and response
- Compliance with state mandates/reporting

MEDICATION POLICY

The Hudson Public Schools Medication Policy follows medication administration parameters set by the Massachusetts Department of Public Health, in conjunction with the Massachusetts Board of Registration of Nursing. In addition, we collaborate with our school physician. The complete District policy is available on https://drive.google.com/file/d/1UIIkesORhpyX6_Et3d9B0luSPljWrOv_9/view

The following are highlights of this policy:

- ALL medications, including inhalers and ANY over-the-counter medications such as Tylenol, Benadryl or cough medicine require a licensed authorized prescriber's written order and completed Parental Request form in order for medication to be administered in school. Students may receive certain over-the-counter medications with signed parental permission through protocols with our school physician.
- All medications must be in a properly labeled pharmacy container or original container, if over-the-counter.
- All medication must be delivered to the school nurse by the parent or responsible adult and must be picked up by an adult. **Students are not permitted to transport medications to and from school.**
- Under certain circumstances, Students may self-carry/self-administer medications / equipment, such as an asthma inhaler, EpiPen, glucose monitoring equipment, Insulin or CF enzymes) with the written pre-approval of the parent and school nurse.

All Hudson Public School Facilities are Tobacco and Drug Free